

# Understanding the CYBHI Fee Schedule



## Supporting Student Mental Health & Wellness In Our Schools

The Children and Youth Behavioral Health Initiative (CYBHI) Fee Schedule is a first-of-its-kind effort to ensure all students can access behavioral and mental health resources in schools. It unlocks additional funding, making it easier for students to get support at no out-of-pocket cost.



Affordable Access



Expanded Support



Simplified Process



Preventative Care

## How Students Benefit

Students can receive a range of behavioral and mental health services, including:

- ✓ Individual or group counseling
- ✓ Screening for substance use and emotional wellness
- ✓ Education about managing anxiety, stress, and depression
- ✓ Crisis intervention and brief therapy support

## What Does This Mean for You?

**No out-of-pocket cost:** Families won't be charged—no co-pays, no billing, and no impact on your insurance premiums.

**No effect on outside care:** Getting services at school won't limit your student's ability to receive care outside of school.

**Same access for special education students:** Services listed in an IEP or IFSP are not affected, but students may receive additional behavioral health support.

## Who Can Receive Services?

All students, regardless of insurance coverage or immigration status, can access services. No one will be denied support due to lack of insurance.

## Consent & Privacy:

- Schools will ask for your student's health insurance information.
- Consent is required for the school to share certain health details.
- All data is handled securely, encrypted, and only shared when legally required and necessary for billing.

## Our Promise to You

Your child's privacy matters. Schools follow strict laws, such as FERPA and HIPAA, to ensure health records are protected.

Learn More



Watch a Quick  
Video Explanation



Visit [cybhi.slocoe.org](https://cybhi.slocoe.org)



Reach out to your school or district office.

# Frequently Asked Questions



## Q What services are covered?

The CYBHI fee schedule covers services such as:

- Individual & Group Counseling
- Behavioral Health Screenings and Assessment
- Crisis Intervention Services
- Skill building on stress management, anxiety, and depression
- Case management and care coordination

## Q What is the CYBHI Fee Schedule Program?

The CYBHI Fee Schedule Program is a California state initiative that mandates health plans and insurers to reimburse public schools, including P-12 districts, colleges, and universities, for providing behavioral & mental health services to students under 26 years old.

## Q How does this program benefit my child?

This program ensures your child can access behavioral & mental health services directly at school, where students spend most of their day.

## Q What do I need to do to participate?

To facilitate reimbursement, your child's school will request:

1. Your child's health insurance details (e.g., insurance company name, policy number).
2. A signed consent form allowing the school to bill your health plan.

Providing this information helps schools secure funding for these services.

## Q Will sharing my insurance information result in any costs?

No, state law prohibits health plans from passing any costs to families. There will be no co-payments, deductibles, or out-of-pocket expenses for services provided under this program.

## Q Is my family's information kept confidential?

Yes, all information you provide is protected under federal and state laws like the Family Educational Rights and Privacy Act (FERPA) and the Health Insurance Portability and Accountability Act (HIPAA), ensuring your privacy.

## Q What if I choose not to provide my insurance information?

Your child can still receive behavioral & mental health services at school even if you choose not to share your health insurance information.

## Q How does this affect services in my child's Individualized Education Program (IEP)?

Services guaranteed by the Individuals with Disabilities Education Act (IDEA) are not affected by this program. Providing or withholding your child's insurance information does not impact eligibility for services under an IEP or Individualized Family Service Plan (IFSP).

## Q Who can I contact for more information?

**School Inquiries:** Reach out to your child's school administrator or district office.

**Program Details:** Contact the Department of Health Care Services (DHCS) at [DHCS.SBS@dhcs.ca.gov](mailto:DHCS.SBS@dhcs.ca.gov).